POSTER CONTEST!

Real Food Fresh Local Nutritions







Ages

As of September 30, 2018

Junior: 9-11

Intermediate: 12-13

Senior: 14-19

Prizes!

In each age category: 1st place prize packs & 1st, 2nd & 3rd place ribbons Winning entries will be displayed at the Heritage Festival October 6th at Community Park, Gladys

Bring on the posters! Submit your poster and entry form by

September 21st

Entries will be accepted at the Campbell County 4-H Office or any branch of the Campbell County Public Library from August 31 to September 21

Rules & Such

Create a poster featuring fresh food. Choose at least one food that is grown in Virginia. Include a nutrition fact about a food on your poster.

Size: 8 1/2 x 11. Hand drawn artwork only. No copyright characters. No computer generated art or text. See Entry Form/Official Rules & Guidelines for complete details; printed on the back of this flyer, & available online at: https://campbell.ext.ut.edu/

Questions?

Contact us at: Campbell County 4-H 434-332-9538 or cmrober@vt.edu located at 163 Kabler Lane Rustburg

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